

## **Notts Performance**

79 trialists for U15s (main squad and intermediates)

51 trialists for U13s.

With the rules in place as to girls can trial for whichever Academy suits them we have girls coming from as far and wide as Lincoln, Leicestershire and Peterborough.

We did a 3 hour trial for each age group on Saturday 16<sup>th</sup> September 2023, and then did call backs the following Thursday 21<sup>st</sup> September 2023. We have also trialled a few girls on the evening as have been injured and were waiting to be injury / illness free before being assessed.

We have selected 18 into our U15 player development pathway (main squad), 18 in the intermediates and 18 in the U13s. 2 of the intermediates and 1 U13 have withdrawn / not taken up their place and so we are left with 16 in intermediates and 17 in the U13s.

Clubs involved: Bingham, Bramcote, Charnwood, Cliftonettes, Hawks, Hucknall Town, Mapperley, Nottingham City, Penine, Ripley and Stapleford.

Coaches have remained the same in U13 and U15. We have got two new coaches joining Maisie in the U15s; Michelle Holliday and Ruby Gajree. Michelle is a level 2 coach and Ruby a level 1 currently also playing for Northern Ireland so can't make every Thursday but has committed to as many weeks as she can.

So far training has been going well; we have got our first match play tournament for all squads at the end of the month against other East Midlands squads.

Addition since last meeting:

We have had a tournament and a match play day since I did the report. Both have shown us good areas within the teams and areas we need to continue to develop.

All of the east midlands performance pathway (at each of our meet ups – so 5 times a year) we are raising money for charity in Chloe Gibson's memory. One of the other counties suggested it and it was appreciated and agreed by us all.